

Climate storytellers: Stories in action

"Next, let's further explore how we can use our head, hands, heart and feet to steward healthy soil (Lesson 6) and support food and water systems (Lesson 7). This section looks at 'climate storytellers' who are focused on the health of people, plants, and the planet. These activities can be done as a class or in small groups. The stories demonstrate that anyone can take action. It's not about being a hero, it's about doing something that is meaningful based on who, what, where, when, and why we are! Each storyteller shows courage and compassion, using their stories that help other people.

SAY: When we share our climate stories with others, we help inspire other people to take ACTION. Let's tell our climate stories and work together, just like

DO: Ask the kids to read the story snapshot and/or look up a video or news article about the storyteller. Ask the students to use the template and write down or draw a 'snapshot' of this person's climate story.

Option: Integrate this activity with a lesson on community or civic engagement. Ask kids to think about why this storyteller is choosing to share their story with a wide group of people they don't know. How is this a choice based in the values of courage and compassion?

Climate stories are about using our



This lesson focuses in on **BEHAVIOURS** - how we can use our hands and feet to join in on climate solutions to make plants and the planet healthier.

Lesson 6&7 Worksheets



"We all need water.
We wouldn't be able to
live without water.
Nothing would."



Story Snapshot: Autumn Peltier

Image: Linda Roy of Ireva Photography

WHO: This is AUTUMN PELTIER and she has a climate story. Autumn is a 15-year old water activist from Wiikwemkoong First Nation in Ontario.



WHAT: Autumn uses her voice to tell others about a lack of clean water in many Indigenous communities in Canada. She knows how important water is to everyday life.



WHY: Autumn cares deeply about the health of her community and other Indigenous communities, and she knows that you can't be healthy without clean water.



HOW: Autumn travels to places where important decisions are made. She shares what she knows in her head and what she knows in her heart about water systems.



We can use our stories to support healthy food and water systems!



"Respecting food and valuing it... it's part of my identity."



Story Snapshot: Tammara Soma

Image: Tijana Martin, Globe and Mail

WHO:



This is TAMMARA SOMA and she has a climate story. Tammara is from Toronto, Ontario and she researches solutions for food waste problems.

WHAT:



Tammara uses what she's learned about food waste from her family and from her studies to bring other people together and create solutions.

WHY:



Tammara believes that everyone should have enough food to eat, and she knows that if we waste food, it's harder to feed everyone.

We can use our stories to support healthy food and water systems!

HOW:



Tammara shows leaders how to put food first. With her research, she gets her hands dirty by sorting food waste and asking questions about it.

