




ACTIVITY  
WORKSHEETS  
GRADES 3-6

# MY CLIMATE STORY

A TOOLKIT FOR WORKING THROUGH  
THE MEANING OF CLIMATE CHANGE  
WITH COURAGE AND COMPASSION





**The "My Climate Story Tool-kit" was prepared  
for Little Green Thumbs by Rachel Malena-Chan,  
EAS Solutions, 2020.**


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**For more resources like this,  
visit Eco-Anxious Stories at**

**[www.ecoanxious.ca](http://www.ecoanxious.ca)**



My Climate Story lessons can be used as stand-alone pieces, or as complementary activities with Plants, Planet, People lesson plans from Little Green Thumbs.

**PLANTS, PLANET, PEOPLE  
LESSONS**

1. Plants, Planet, People
2. Plant Needs
3. Plant Adaptations
4. Plants, Us & Climate Change
5. Plant Needs & Climate Change
6. Soil Super Stewards
7. Food Waste Warriors
8. Take Action (Climate Storytellers)

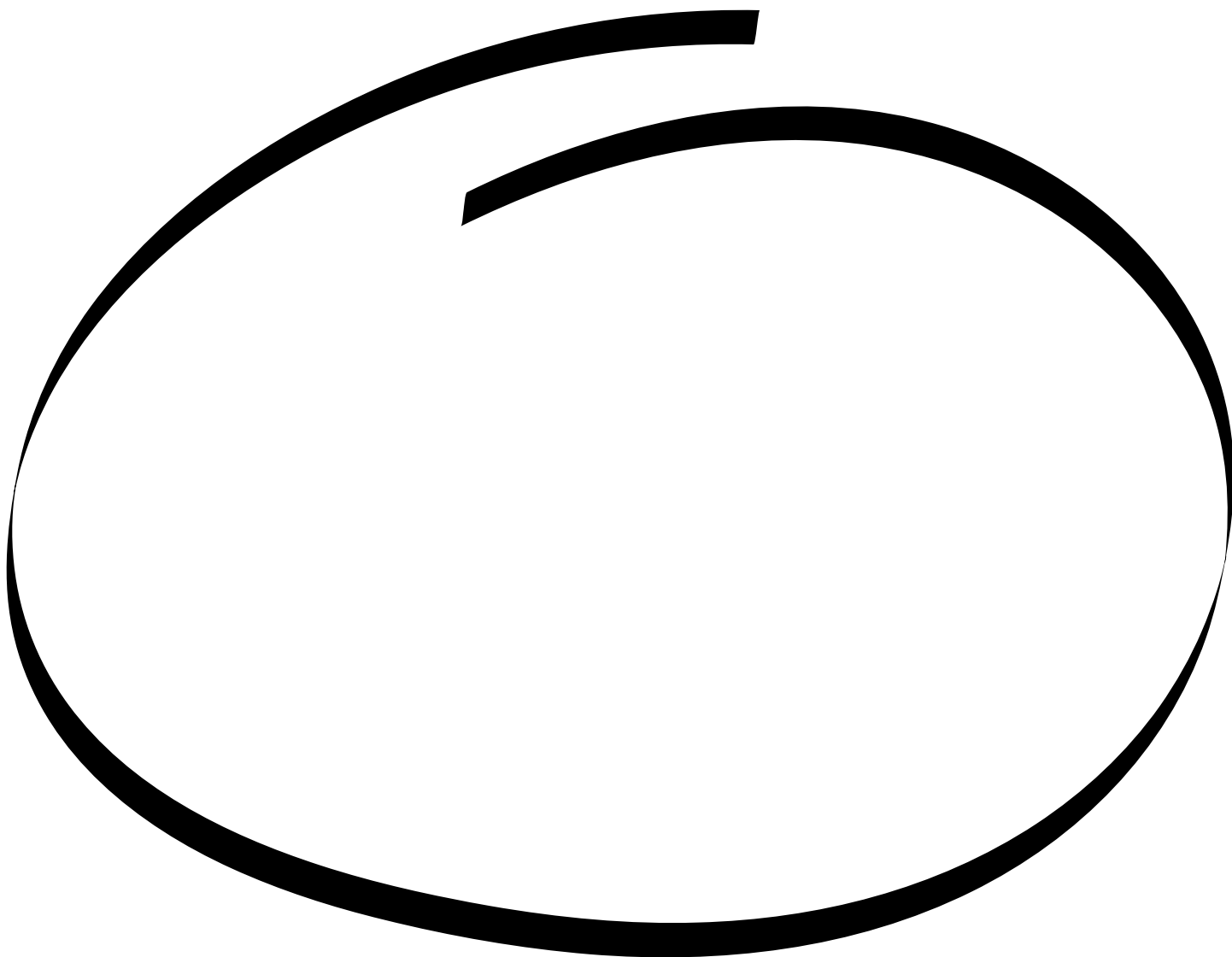
**MY CLIMATE STORY  
ACTIVITIES**

1. Life is Linked
2. Healthy Homes
3. Choices make Change
4. Climate High-5  
Sharing is Caring
5. Diving into the Deep
6. Climate Storytellers 1:  
Super Steward of the Soil
7. Climate Storytellers 2:  
Terrific Tree Planter,  
Protector of Water Ways,  
Friend to Food Systems
8. Climate Storytellers 3:  
Telling My Climate Story

# **My Climate Story: Life is linked**

## **Lesson 1**

**I'm \_\_\_\_\_ and I'm an amazing living being!  
Here's what matters in my story.**



**DRAW A PICTURE OF WHAT MATTERS MOST TO YOU  
(PEOPLE, PLACES, ANIMALS, THINGS).**

# My Climate Story: Healthy homes

## Lesson 2

**Just like plants, we all need a healthy home to thrive!  
It's the setting of the story.**



**AIR I BREATHE**



**FOOD I EAT**



**LANDS I WALK**



**STORIES THAT  
MAKE ME SMILE**



**HOUSE I  
LIVE IN**



**ANIMALS I  
CARE FOR**



**SONGS I HEAR**



**CULTURE I  
COME FROM**

**MY NAME IS**

-----

**AND HERE'S WHAT  
I LOVE ABOUT  
MY ENVIRONMENT**



**WATER I DRINK**



**GAMES I PLAY**



**THINGS OUTSIDE TO  
SEE AND HEAR AND  
SMELL**



**PEOPLE I LOVE**



**BOOKS I READ**



**COMMUNITY I'M  
APART OF**



**YOUR HOME ENVIRONMENT IS A KEY SETTING IN THIS CLIMATE STORY.  
DRAW A LINE BETWEEN YOU AND THE BEST THINGS ABOUT YOUR  
ENVIRONMENT. ADD YOUR OWN IDEAS!**

# **My Climate Story: Choices make change**

## **Lesson 3**

**What kind of character am I in this story?**

**I already make choices as...**



**YOU'RE AN IMPORTANT CHARACTER IN THIS CLIMATE STORY AS YOU MAKE CHOICES IN THE THINGS YOU DO, THE PEOPLE YOU SPEND TIME WITH, AND THE PLACES YOU GO. DRAW A LINE TO THE "ROLES" YOU PLAY AND FILL IN THE BLANKS. ADD YOUR OWN IDEAS.**

# My Climate Story: Climate high-5

## Lesson 4

Can you remember these five key messages about climate change?

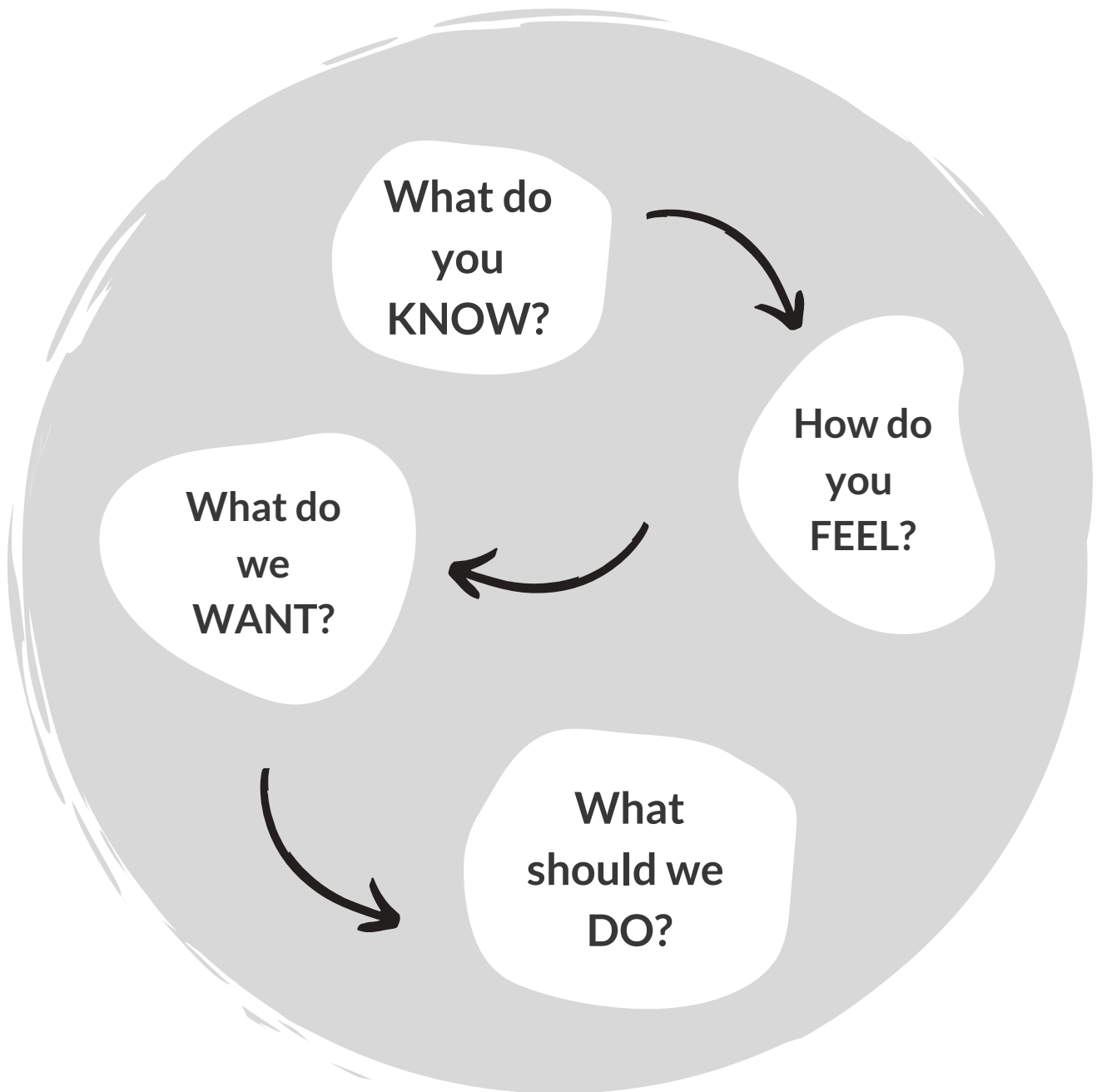


TRACE YOUR HAND AND PRACTICE SHARING THESE KEY CLIMATE MESSAGES WITH A FRIEND!

# My Climate Story: Sharing is caring

## Lesson 4

**What's it like to be a kid learning about climate change?**



**CLIMATE CHANGE IS A BIG AND SOMETIMES SCARY TOPIC, BUT SHARING OUR THOUGHTS AND FEELINGS HELPS US CONNECT WITH EACH OTHER.**



# My Climate Story: Diving into the deep

## Lesson 5

It's normal to feel a lot of  
different emotions about climate  
change.

WHAT WE  
KNOW

WHAT WE  
DO

I feel...



worried

motivated

nervous

frustrated

OK

loving

supported

angry

sad

alone

brave

uncertain

confused

scared

small

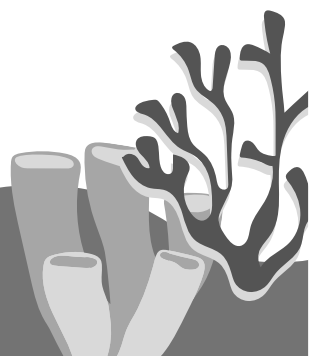
peaceful

curious

loved



IT'S OK TO DIVE DEEP INTO OUR EMOTIONS.  
CIRCLE YOUR OWN CLIMATE FEELINGS.



# My Climate Story: Super Steward of the Soil

## Lesson 6

"I'm always  
amazed by how  
clever nature is."



**Protecting soil is a  
solution for  
climate change!**

### WHO:

This is ELAINE INGHAM and she has a climate story. Elaine is a soil microbiologist. A soil microbiologist is someone who explores\_\_\_\_\_.

### WHAT:



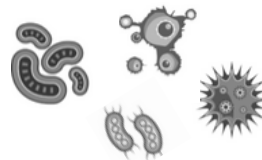
Elaine knows a lot  
about \_\_\_\_\_.



### WHY:



Elaine loves to look  
under the microscope  
at \_\_\_\_\_.



### HOW:



Elaine teams up with  
\_\_\_\_\_ to  
make a difference.



# My Climate Story: Super Steward of the Soil

## Lesson 6

"I'm always  
amazed by how  
clever nature is."



**Protecting soil is a  
solution for climate  
change!**

### **WHO:**

This is ELAINE INGHAM and she has a climate story. Elaine is a soil microbiologist. A soil microbiologist is someone who:

### **WHAT:**

Elaine uses what she knows about soil to:



### **WHY:**

Elaine loves to look under the microscope at:



### **HOW:**

Elaine teamed up with farmers and scientists to:



# My Climate Story: Terrific Tree Planter

## Lesson 6

"If the adults don't  
do enough, we have  
to do it."



**We can use our  
stories to inspire  
climate action!**

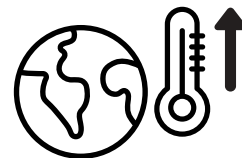
### WHO:

This is FELIX FINKBEINER and he has a climate story.  
When he was \_\_\_\_\_ years old he began planting trees  
to help the climate.

### WHAT:



Felix learned about \_\_\_\_\_  
and decided to do something  
about it.



### WHY:



Felix believes that \_\_\_\_\_  
don't have to wait for adults  
to take action.



### HOW:



Felix was inspired by other  
storytellers and decided to start  
Plant-for-the-Planet, an  
organization that plants \_\_\_\_\_.



**FILL IN THE BLANKS**

# My Climate Story: Terrific Tree Planter

## Lesson 6

"If the adults don't  
do enough, we have  
to do it."



**We can use our  
stories to inspire  
climate action!**

**WHO:**

This is FELIX FINKBEINER and he has a climate story. When he was 9 years old he began:

**WHAT:**



Felix learned about climate change and decided to:

**WHY:**



Felix believes that kids don't have to wait for adults to:

**HOW:**



Felix was inspired by other climate storytellers to start a group to:



# My Climate Story: Passionate Water Protector

## Lesson 7

"We all need water.  
We wouldn't be able to  
live without water.  
Nothing would."



**We can use our  
stories to support  
strong food and  
water systems!**

**WHO:** This is AUTUMN PELTIER and she has a climate story. Autumn is a 15-year old water activist from \_\_\_\_\_.

**WHAT:**



Autumn knows how important clean \_\_\_\_\_ is to a thriving life.



**WHY:**



Autumn cares deeply about the health of her \_\_\_\_\_.



**HOW:**



Autumn travels to places where important decisions are made and uses her \_\_\_\_\_ to make change.



# My Climate Story: Passionate Water Protector

## Lesson 7

"We all need water.  
We wouldn't be able to  
live without water.  
Nothing would."



**We can use our  
stories to support  
strong food and  
water systems!**

**WHO:** This is AUTUMN PELTIER and she has a climate story. Autumn is a 15-year old water activist from:

**WHAT:**



Autumn knows how important clean water is to:

**WHY:**



Autumn cares deeply about the health of her community because:

**HOW:**



Autumn travels to places where important decisions to share:



# My Climate Story: Friend to Food Systems

## Lesson 7

"Respecting food and  
valuing it... it's part of  
my identity."



**We can use our  
stories to support  
strong food and  
water systems!**

**WHO:** This is TAMMARA SOMA and she has a climate story. Tammara is from \_\_\_\_\_ and she researches solutions for food waste problems.

**WHAT:** Tammara learned about \_\_\_\_\_  
from her family and through her research.



**WHY:** Tammara believes that everyone should have enough \_\_\_\_\_



**HOW:** Tamarra uses  
\_\_\_\_\_ to show  
leaders how to put  
food first.





# My Climate Story: Friend to Food Systems

## Lesson 7

"Respecting food and  
valuing it... it's part of  
my identity."



**We can use our  
stories to support  
strong food and  
water systems!**

**WHO:** This is TAMMARA SOMA and she has a climate story. Tammara is from Toronto, Ontario, and she:

**WHAT:** Tammara learned about food waste from:



**WHY:** Tammara believes that everyone should have enough:



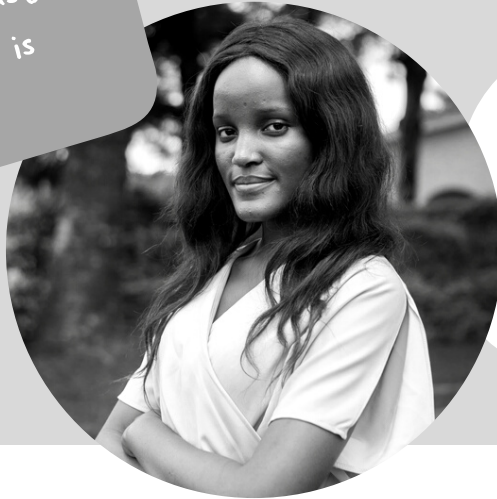
**HOW:** Tamarra uses her research to show leaders how to:



# My Climate Story: School Strikers


## Lesson 8


"This is not just  
weather, this is  
people."




We can attract  
attention to our  
cause when we  
work together!

**WHO:** This is Vanessa Nakate. She is a climate activist from \_\_\_\_\_. She uses her story to push leaders around the world to act boldly and prevent climate harms.

**WHAT:**  Vanessa saw other kids around the world \_\_\_\_\_, and she decided to join in and draw attention to how climate change impacts her home continent of \_\_\_\_\_.

**WHY:**  Vanessa cares about fairness and how the planet \_\_\_\_\_. She speaks up about how African people, lands, and agricultural systems are harmed by \_\_\_\_\_.

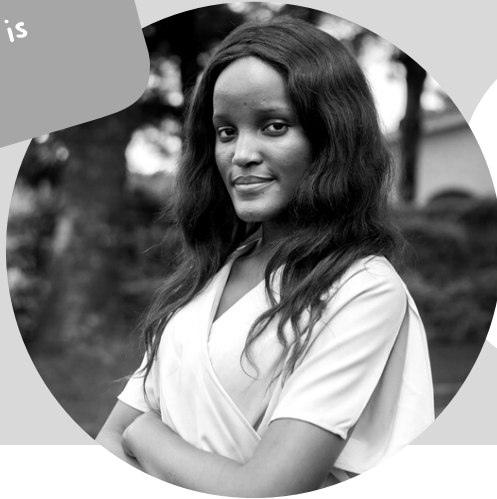
**HOW:**  Vanessa persisted in sharing her story, and she uses \_\_\_\_\_ to spread the word. Now she works with other young people to push companies and governments to take action.



# My Climate Story: School Strikers

## Lesson 8

"This is not just  
weather, this is  
people."



**We can attract  
attention to our  
cause when we  
work together!**

**WHO:** This is VANESSA NAKATE and she has a climate story. She is from Kampala, Uganda and she uses her story to:

**WHAT:** Vanessa saw other kids around the world striking from school, and she decided to:



**WHY:** Vanessa cares about and speaks up about:



**HOW:** Vanessa joins up with other young people and uses social media to:



# My Climate Story: School Strikers

## Lesson 8

You are never too  
small to make a  
difference.



**We can attract  
attention to our  
cause when we  
work together!**

**WHO:** This is GRETA THUNBURG and she has a climate story.  
Greta is \_\_\_\_ years old and she is from \_\_\_\_\_.

**WHAT:** Greta decided to raise awareness about climate  
change by not going to \_\_\_\_\_ on Fridays.



**WHY:** Greta was feeling \_\_\_\_ about climate change  
and she wanted to do something.



**HOW:** Greta turned to her family and friends to  
support her to \_\_\_\_\_.



# My Climate Story: School Strikers

## Lesson 8

You are never too  
small to make a  
difference.



**We can attract  
attention to our  
cause when we  
work together!**

**WHO:** This is Greta Thunberg and she has a climate story. Greta is 17 years old and she is from Sweden. She is known for:

**WHAT:** Greta decided to raise awareness about climate change by:



**WHY:** Greta was feeling sad about climate change because:



**HOW:** Greta turned to her family and friends to support her to:



# My Climate Story: Interview Guide

## Lesson 8

Find a climate storyteller to interview!  
What's the story?

Story Snapshot of:

**WHO:**

Name:

Age:

Location:

Other:

**WHAT:**



The most important things to me are \_\_\_\_\_.

What kind of planet-friendly activities I like to do are

\_\_\_\_\_.

**WHY:**



What I love most is \_\_\_\_\_.

Climate change is important to me  
because \_\_\_\_\_.

**HOW:**



To make **theworld** a healthier place for  
plants, people, and the planet, I link up with

\_\_\_\_\_. When I need support, I turn to

\_\_\_\_\_.



# My Climate Story: Interview Template

## Lesson 8

**Find a climate storyteller to interview!  
What's the story?**

**Story Snapshot:**

**WHO:**

**WHAT:**

**WHY:**

**HOW:**



# My Climate Story: Interview Template

## Lesson 8

Now it's your turn! Ask someone to interview you  
and share your story.

**Story Snapshot:**

**WHO:**

**WHAT:**

**WHY:**

**HOW:**





# My Climate Story: Activating your story

Here are some different ways to help others and put your climate story into action!



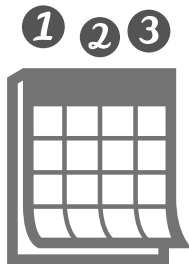
Draw a picture, write a story, or make up a skit about kids in the future who live in a world where everyone is a super steward of the soil, a friend to food and water systems, and a courageous climate storyteller. Share it with a friend, or sibling, or your teacher or parent or grandparent.



Team up with a friend and make a list of your questions about climate change. Ask your teacher or a parent to help you contact an expert who can answer your questions. Share the answers with your class-mates or your family.

THANK  
YOU

Pick a local action group already creating climate solutions. Draw a picture or write a thank you card for their team. Tell them what it means to you!



Choose 3 things that you can do every week to move your climate story forward. Include activities for learning, for mental health, and for connecting into change-making.

We each have an important role in climate solutions.



