

Cut out the steps for each growing process.

Have students work with pairs or small groups to place the steps into the correct sequence for growing their lunchbox foods.

1. Growers plant tomato seeds | 2. Tomatoes are planted into a big plastic tunnel | 3. Sun and warmth helps plants grow tall
4. Flowers bloom | 5. Tiny green tomato begins to grow | 6. Tomatoes change from green to red | 7. The growers pick the tomatoes off the plant | 8. The tomatoes are sorted and packed | 9. The tomatoes are sent to the store for purchase

How did **tomatoes** get in your lunchbox?



**Sun and warmth
help plants
grow tall**



**Growers plant
tomato seeds**



Flowers bloom



**The tomatoes are
sent to the store
for purchase**



**Tiny green
tomato begins
to grow**



**Tomatoes are
planted into a big
plastic tunnel**



**The tomatoes are
sorted and
packed**



**Tomatoes change
from green to red**



**The growers pick
the tomatoes off
the plant**

Cut out the steps for each growing process.

Have students work with pairs or small groups to place the steps into the correct sequence for growing their lunchbox foods.

1. Flowers bloom on apple trees |
2. An apple grows from each flower stalk |
3. Pickers harvest apples from the trees |
4. Apples are delivered to a juice factory |
5. Apples are washed |
6. Apples are mashed by a milling machine |
7. A huge press squeezes all the juice from the mash |
8. Juice is warmed up to kill off germs |
9. Juice is poured into cartons and shipped to the store

How did **apples** get in your lunchbox?



**An apple grows
from each
flower stalk**



**Apples are
washed**



**Pickers
harvest apples
from the trees**



**Flowers bloom on
apple trees**



**Juice is warmed
up to kill
off germs**



**Apples are
mashed by a
milling machine**



**Juice is poured
into cartons and
shipped to
the store**



**Apples are
delivered to a
juice factory**



**A huge press
squeezes all the
juice from the
mash**

Cut out the steps for each growing process.

Have students work with pairs or small groups to place the steps into the correct sequence for growing their lunchbox foods.

1. Farmer plants wheat seeds | 2. Wheat stalks grow tall with wheat grains on every stalk | 3. The wheat is cut with a combine harvester | 4. Wheat is sent to the flour mill | 5. Grains are ground into flour | 6. Flour is delivered to a bakery | 7. A baker mixes the flower with water, sugar and yeast | 8. Dough is kneaded and baked in a very hot oven | 9. Fresh bread is ready and sent to the store

How did **bread** get in your lunchbox?



**The wheat is cut
with a combine
harvester**



**Grains are
ground into flour**



**Wheat is sent to
the flour mill**



**Fresh bread is
ready and sent to
the store**



**Wheat stalks
grow tall with
wheat grains on
every stalk**



**A baker mixes
the flower with
water, sugar
and yeast**



**Farmer plants
wheat seeds**



**Dough is
kneaded and
baked in a very
hot oven**



**Flour is
delivered to
a bakery**